

UHS Prostate Cancer Center offers radiation therapy for the treatment of prostate cancer exclusively for patients of Urology Health Specialists, LLC .

Since you have been diagnosed with prostate cancer, there are several options available to you including:

Surgery	Chemotherapy
Radiation therapy	Cryosurgery
Brachytherapy	Watchful waiting
Hormone therapy	

Your urologist has recommended that you meet with a radiation oncologist, a doctor who specializes in treating cancer with radiation therapy. Our Fox Chase Radiation Oncologist will review the treatment option and help you determine if IMRT/IGRT is right for you.

At our Prostate Cancer Center we have combined the expertise of Fox Chase Radiation Oncologists and Urology Health Specialists Urologists to provide continuity of care in a facility that was designed to provide state of the art technology in a comfortable and convenient environment.

Our goal is to enhance the quality of life for our prostate cancer patients, while they undergo their cancer treatment. Our intention is to provide you with the support you and your family need to make sure you maintain a normal and productive life.



Information on IMRT AND IGRT

A treatment plan for prostate cancer

Intensity-modulated radiation therapy (IMRT) is an advanced form of radiotherapy that utilizes computer-controlled linear accelerators to deliver precise radiation to the prostate tumor, while protecting surrounding organs and tissues. Treatment is carefully planned using CT images of the patient in conjunction with computerized dose calculations to determine how much radiation is to be delivered to the prostate. Because the normal tissue dose is reduced to a minimum with the IMRT approach, higher and more



effective radiation doses can safely be delivered to tumors with fewer side effects compared with conventional radiotherapy techniques.

Why is Image-Guided Radiation Therapy (IGRT) Important?

IGRT is used in conjunction with IMRT to ensure that the highly tailored treatment that is created by your clinical team is delivered exactly where it is intended with millimeter precision. Before your treatment begins, a urologist will implant small fiducial markers into your prostate, utilizing a simple procedure, to direct the radiation oncologist to the exact location of the prostate. During treatment, state of the art imaging will be used to locate these markers every day and the treatment machine will be realigned to ensure that the prostate is exactly where it should be during your treatment. Accurate daily targeting increases radiation to the tumor and spares normal surrounding tissue.

Why consider IMRT/IGRT for your diagnosis?

- IMRT/IGRT can be a non-invasive alternative to surgery.
- IMRT/IGRT is done on an outpatient basis.
- IMRT/IGRT targets the tumor and protects surrounding healthy organs and tissues with fewer side effects.

Your Clinical Team

During your visit to UHS Prostate Cancer Center you will be supported by a team of highly skilled specialists dedicated to your care and prostate cancer treatment.

Your team includes:

Urologist

Your Urology Health urologist will be integrally involved and kept apprised of your treatment progress.

Radiation Oncologist

Our Fox Chase Radiation Oncologist works directly with the radiation therapy team to develop your treatment plan and ensure that each treatment is given accurately. The radiation oncologist also monitors your progress and adjusts your treatments as necessary.

Medical Physicist

The medical physicist oversees the work of the dosimetrist (see below) to ensure that IMRT/IGRT treatments are properly tailored to each patient. They also collaborate with the radiation oncologist to design treatment routines, take precise measurements of the radiation beam and monitor equipment and procedures to ensure that each patient receives the prescribed dose of radiation.

Medical Dosimetrist

The medical dosimetrist works very closely with the radiation oncologist and the medical physicist to carefully develop the treatment plan and calculate the exact dose of radiation specifically for each patient.

Radiation Therapist

The radiation therapist is a specially licensed therapist who administers your daily radiation treatment under the doctor's prescription and supervision. They also maintain daily records and regularly check the machines that provide radiation treatments.

Administrative Staff

Our administrative staff will be there to assist you with scheduling, insurance questions and answer your phone calls, should you need to reschedule or have any questions.



What Patients Can Expect at the Consultation Appointment

Your first consultation appointment will take about an hour and consists of the following steps:

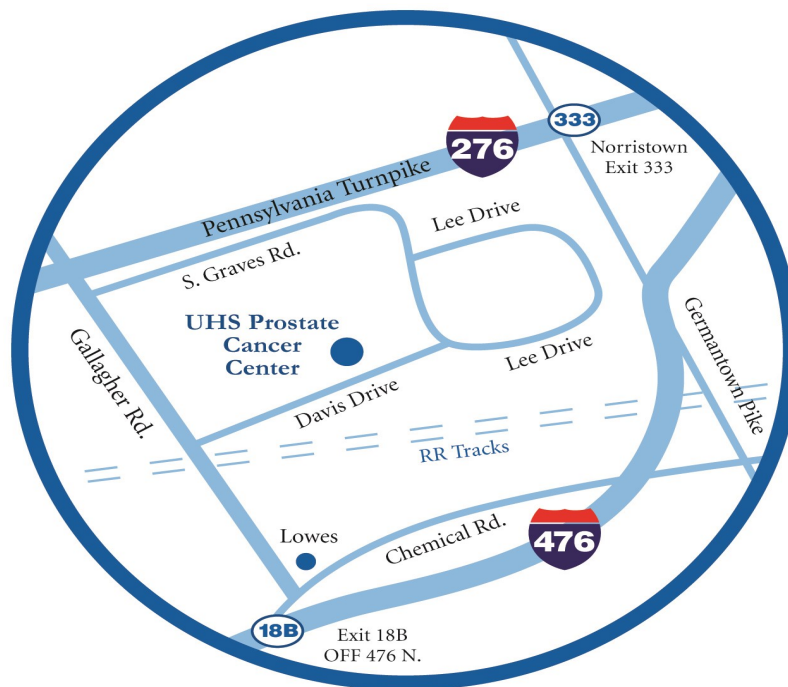
- A UHS Prostate Cancer Center staff member will talk with you about your current and past medical history, review any medications you may be taking and address your financial concerns.
- The Radiation Oncologist will talk with you about how you could benefit from radiation therapy, explain the details of treatment, potential side effects, and answer your questions.
- The Radiation Oncologist will conduct a physical exam, review your medical history, x-rays, tests results and order any additional tests, if needed.

Should you decide to have your treatment at the UHS Prostate Cancer Center, all of your visits will be coordinated by our center staff. We will obtain all necessary insurance information, explain your financial responsibility and discuss your concerns.

Consultation Appointment Scheduled

DATE: _____ TIME: _____

To reschedule your appointment, please call 610-825-2151



400 Davis Drive, Suite 200

Plymouth Meeting, PA 19462

(located near the intersection of Gallagher and Chemical Rds.)

Ample, free patient parking.

Phone: 610-825-2151

Fax: 610-825-2162

www.uhsurology.com

UHS Prostate Cancer Center is owned and operated by Urology Health Specialists, LLC to provide IMRT/IGRT treatment for prostate cancer.



UROLOGY
HEALTH
SPECIALISTS, LLC

PROSTATE CANCER CENTER

and

FOX CHASE
Radiation Oncology
Associates

*Teaming up to provide
prostate cancer treatment in a
center dedicated to men.*



“choose wisely, live healthy”